

Don a Particulate Respirator

- Select a fit tested respirator
- Place over nose, mouth and chin
- Fit flexible nose piece over nose bridge
- Secure on head with elastic
- Adjust to fit
- Perform a fit check –
 - Inhale – respirator should collapse
 - Exhale – check for leakage around face



Removing a Particulate Respirator

- Lift the bottom elastic over your head first
- Then lift off the top elastic
- Discard

